

# ESRA 2017 PROGRAMME

Tracks			
CENTRAL NERVE BLOCKS	CHRONIC PAIN MANAGEMENT	PERIPHERAL NERVE BLOCKS	GENERAL
OBSTETRIC	POSTOPERATIVE PAIN MANAGEMENT	PAEDIATRIC	
ESRA SESSION	INDUSTRY SUPPORTED SESSION	HANDS ON WORKSHOP	HANDS ON CLINICAL WORKSHOPS

Wednesday, 13 September, 2017

	HALL A	HALL C	HALL B1& B2	HALL B3	HALL E	Villa Ciani- Level 2
8.30 - 9.20	Symposia: Postoperative analgesia for orthopedic upper and lower limb surgery (Peripheral) Lecture 1: Analgesia for Clavicular surgery/fractures Lecture 2: The role of the sympathetic nervous system in acute pain	Refresher Course 01: Peripheral nerve blocks in children (peripheral)	PROSPECT SESSION: (Postoperative) Lecture 1: Why Prospect and procedure specific Pain recommendations Lecture 2: What is the role of the surgeon in postoperative analgesia ?	Problem Based Learning Discussion 01: A case of an incomplete peripheral nerve block. (Peripheral)	Refresher Course 02: Prevention of phantom pain. (chronic pain)	ALL HANDS WORKSHOP
9.30 - 10.20	Lecture 3: Postoperative analgesia after lower limb surgery: optimal block selection ! Lecture 4: Regional versus systemic analgesia: risk - benefit analysis	Refresher Course 03: Persistent Post-Surgical Pain: Still a long way to go. (Chronic)	Lecture 3: An overview of recently updated procedures Lecture 4: Gabapentin: what is its role in postoperative pain therapy ?	Problem Based Learning Discussion 02: Interventional management approach for chronic pancreatic pain. (Chronic)	Refresher Course 04: Diabetes and peripheral nerve blocks (peripheral)	
10.30 - 11.00	COFFEE BREAK in Hall A Foyer					
11.00 - 11.50	Symposia: Resident research in (Regional) Anesthesia - an important part of training ? (General) Lecture 1: Does a PhD or a research fellowship help my career in anesthesia ? Lecture 2: The value of resident research - a senior's perspective	Refresher Course 05: CSE for labor and Cesarean section: Why and how ? (Obstetric)	Pro Con Debate 1: US guided upper airway block is the block of choice for awake intubation (peripheral)	Problem Based Learning Discussion 03: Risk reduction of neuraxial hematoma after interventional pain procedures (CHRONIC)	Refresher Course 06: US guided lumbar plexus blocks: what is the best approach based on surgical intervention and patient characteristics ? (Peripheral)	ALL HANDS WORKSHOP
12.00 - 12.50	Lecture 3: How can we promote resident research in anesthesia ? Lecture 4: The situation in the US	Refresher Course 07: Regional Anesthesia in children: surveys, research and safety. (paediatric)	Pro Con Debate 2: Regional anesthesia has significantly improved outcome after major orthopedic, abdominal and thoracic surgery (Central)	ASK the EXPERT: The Paraspinal block explained	Refresher Course 08: The caudal block: an update (paediatric)	
13.00 - 14.00	Lunch Break & Luncheon Sessions in Villa Ciani - Ground Level					
14.00 - 14.50		Short Symposia: Education in paediatric Regional Anesthesia (paediatric) Lecture 1: What residents need to learn and know and the importance of education. Lecture 2: Regional vs general anesthesia regarding neurotoxicity: lessons learned... So far	Pro Con Debate 3: Remifentanyl labour analgesia should be offered as a routine option to pregnant women in labour. (Obstetric)	ASK the EXPERT: Enhanced Recovery Programs: why, how and for what ? (General)	Refresher Course 09: Post-Cesarean section analgesia. (Obstetric)	Workshop: paediatric (paediatric)
15.00 - 15.30	COFFEE BREAK in Hall A Foyer					
15.30 - 16.20		Symposia 3: Anesthesia for Cesarean Section (Obstetric) Lecture 1: Topping up a labour epidural for C-section Lecture 2: General anesthesia for C-section Lecture 3: Spinal anesthesia for C-section Lecture 4: Postoperative Analgesia after cesarean section	Pro Con Debate 4: TAP and QL blocks have no benefit in postoperative pain management after abdominal surgery (Peripheral) Pro Con Debate 5: Intrathecal drug delivery is the way forward (Chronic)	BEST FREE PAPER SESSION	Refresher Course 10: Central hypersensitivity in chronic musculoskeletal pain (CHRONIC)	Workshop paediatric continued (paediatric)
16.30 - 17.20			Refresher Course 11: Pharmacology of local anesthetics revisited ! (General)			
17.30-19.00	Welcome Session					

Thursday, 14 September, 2017

TIMING	HALL A	HALL C	HALL B1& B2	HALL B3	HALL E	Villa Ciani- Level 2	Hall G	Offsite
8.30 - 9.20	Symposia 4: Perioperative management of Cancer and Lecture 1: Cancer Pain-Role of Opioids In The Treatment of Cancer Pain Lecture 2: Stress Response and Cancer	Refresher Course 12: Perioperative coagulation disorders in the paediatric population: relevance for regional anesthesia (paediatric)	Pro Con Debate 6: Peripheral blocks are contraindicated when there is a high risk of compartment syndrome (peripheral)	Problem Based Learning Discussion 04: Postpartum headache: What now ? (Obstetric)	ASK THE EXPERT 1: Outpatient continuous peripheral nerve blocks (peripheral)	Hands on clinical workshops: 1 adult upper extremity	Live Demonstration 1: Blocks for chronic pain (peripheral)	Hands on cadaver workshop 1
9.30 - 10.20	Lecture 3: Update on Perioperative Nerve blocks and Cancer Recurrence Lecture 4: Role of Perioperative Pain Medications / IV Lidocaine Infusions on Cancer Recurrence	Refresher Course 13: Ultrasound-guided methods for brachial plexus blockade. (Peripheral)	Pro Con Debate 7: Continuous spinal anesthesia: the way forward in high risk patients (Central)	Problem Based Learning Discussion 05: My epidural catheter is not working: what now ? (Obstetric)	FREE PAPERS: CENTRAL NERVE BLOCKS		Live Demonstration 2: The Infra and Supraclavicular block (peripheral)	
10.30 - 11.00	COFFEE BREAK in the Exhibition/ E-Poster Discussion sessions							
11.00 - 11.50	Symposia: Local anesthetics affecting clinical outcome: effects beyond sodium channel blockade (General) Lecture 1: Clinical and Experimental evidence for impact of local anesthetics on cancer recurrence - an update Lecture 2: Potential role of local anesthetics in treatment of neuropathic pain	Refresher Course 14: The best way to top-up a labor epidural catheter for emergency c-section: strategy, drugs and pitfalls. (Obstetric)	Pro Con Debate 8: Should sedation be avoided when regional anesthesia is used (peripheral)	11:00-12:00 INDUSTRY SUPPORTED SESSION 1	ASK THE EXPERT 2: Pain management in children after day case surgery (paediatric)	Hands on clinical workshops : 2 adult lower extremity	Live Demonstration 3: Neuraxial blocks and Ultrasound (Central)	Hands on cadaver workshop 2
12.00 - 12.50	Lecture 3: Influence of local anesthetics on epigenetics- an observation relevant for outcome ? Lecture 4: Potential clinical implication of local anesthetics preserving endothelial barrier function	Refresher Course 15: Chronic pain after labour and c-section: problem, treatment and prevention. (Chronic)	Pro Con Debate 9: Opioid free surgery and anesthesia is the only way forward ! (Postoperative)	Problem Based Learning Discussion 16: My patient has Placenta Perfringens, has Bombay blood type and is 32 weeks pregnant. (Obstetric)	FREE PAPERS 2		Live Demonstration 4: Paravertebral blocks (Central)	
12.50 - 14.00	Lunch Break	13:00-14:00 INDUSTRY SUPPORTED SESSION	13:00-14:00 INDUSTRY SUPPORTED SESSION	13:00-14:30 INDUSTRY SUPPORTED SESSION 4	Lunch Break			
14.10 - 15.00	ASK-THE-EXPERT: Postoperative Pain Management after Ear-Nose-Throat Surgery in Children (paediatric)	Refresher Course 16: CSE for labor and Cesarean section: Why and how ? (Obstetric)	Pro Con Debate 10: A caudal block should always be performed using US (paediatric)		ASK THE EXPERT 3: The Quadratus Lumborum block: why, how and for what ? (Peripheral)		Live Demonstration 5: Blocks for chronic pain	
15.00 - 15.30	COFFEE BREAK in the Exhibition/ E-Poster Discussion sessions							
15.30 - 16.20	Symposia: Neuropathic Pain: A balanced Approach to Lecture 1: Practice guidelines for neuropathic pain management: current update and future perspectives	Refresher Course 17: Adjuncts to local anesthetics: an update (General)	Pro Con Debate 11: Ultrasonography has to replace Fluoroscopy in Chronic Pain (Chronic)	Problem Based Learning Discussion 07: Since I had my blood patch, my head is constantly throbbing. (Obstetric)	FREE PAPERS 3	WS 4.1 Thoracic (PECS, Serratus, intercostal, paravertebral)	Live Demonstration 5: The lumbar plexus blocks: looking at different approaches	Hands on cadaver workshop 3 (Chronic Pain)
16.30 - 17.20	Lecture 2: Neuropathic pain in cancer survivors: focus on available pharmacological tools Lecture 3: Neuropathic pain in infectious disease Lecture 4: Designing innovative therapies for neuropathic pain: preclinical and early clinical development.	Refresher Course 18: CSE and its role in high risk patients (Central)	Refresher Course 19 Enhanced Recovery Programs and Regional Anesthesia (Postoperative)	Problem Based Learning Discussion 08: My parturient is severely preeclamptic: what should the anesthesiologist do ? (Obstetric)	Symposia: New trends and targets in treating lumbosacral and pelvic related pain Lecture 1: Non surgical management of sacroiliac joint dysfunction: role of minimally invasive fusion		Live Demonstration EXTRA: The infra and supraclavicular block	
17.30 - 18.15	Lecture 5: Treatment of neuropathic associated pain and functional limitations in demyelinating conditions.	Refresher Course 20: Regional anesthesia for fistula (Vascular) Patients	Management of chronic pain in specific populations: Special guidelines ?	ASK THE EXPERT 4: New old Local anesthetics for spinal anesthesia in day case surgery (Central)	Lecture 2: Pubalgia. Analysing its etiologies and updated management Lecture 3: Core stability instead of denervation in the management of chronic lumbalgia. Is there really such a possibility ? Lecture 4: Endoscopy guided procedures in back pain: Beyond the epidural space.			

**Friday, 15 September, 2017**

TIMING	HALL A	HALL C	HALL B1& B2	HALL B3	HALL E	Villa Ciani- Level 2	Hall G	Offsite
8.30 - 9.20	Symposia: Complications of regional anesthesia (central)	Refresher Course 22 Neurotoxicity, anesthesia and the fetus/neonate (paediatric)	Pro Con Debate 12: Epidural lipophilic opioids are NOT needed when an epidural top-up is given to achieve anesthesia for C-section (Obstetric)	Problem Based Learning Discussion 09: Laparotomy for the ASA IV patient and regional anesthesia. (Central)	ASK THE EXPERT 5: Management of postoperative pain in children following major surgery (paediatric)	Workshop 5.1 (Lumbar plexus, QLB, TAP, Rectus)	Live Demonstration 7: THE PARASPINAL BLOCK	Hands on cadaver workshop 4
	Lecture 1: Mechanisms to explain neurologic damage after regional anesthesia							
9.30 - 10.20	Lecture 2: Peripheral nerve blocks in the anti-coagulated patient - a bridge too far?	Refresher Course 23: Enhanced Recovery Programmes and Regional Anesthesia (General)	FREE PAPERS Miscellaneous	Problem Based Learning Discussion 10: My patient has a neurologic injury after a peripheral nerve block and orthopedic surgery: what now? (Peripheral)	FREE PAPERS Postoperative Pain Management		Live Demonstration 8: Distal peripheral nerve blocks upper limb (peripheral)	
	Lecture 3: Needle tip design and needle insertion							
	Lecture 4: Tricks and tips to place and maintain perineural catheters and avoid complications							
10.30 - 11.00	COFFEE BREAK in the Exhibition/ E-Poster Discussion sessions							
11.00 - 11.50	AWARDS CEREMONY							HANDS ON CADAVER WORKSHOP 5
12.00 - 12.50		REFRESHER COURSE 24: ENHANCED RECOVERY PROGRAMMES AND REGIONAL ANAESTHESIA	Refresher Course 25: Abdominal wall blocks and wound catheters. (Peripheral)	AGM	ASK THE EXPERT 6: Continuous peripheral nerve blocks for cancer related pain (chronic)	HANDS ON CLINICAL WORKSHOPS 5 (FAST, FEEL)	Live Demonstration 9: BLOCKS FOR CHRONIC PAIN	
13.00 - 14.00	Lunch Break & Luncheon Sessions							
	ASRA-ESRA PANEL: GUIDELINES paediatric REGIONAL ANESTHESIA	CHANGE PAIN SESSION	PRO CON DEBATE 14: ULTRASONOGRAPHY HAS TO REPLACE FLUOROSCOPY IN CHONIC PAIN		ASK THE EXPERT 7: Continuous infusions or intermittent boluses for pain relief using a peripheral nervous catheter (peripheral)	HANDS ON CLINICAL WORKSHOPS 5 (FAST, FEEL) (CONTINUED)	Live Demonstration 10: PECS-blocks (peripheral)	HANDS ON CADAVER WORKSHOP 6
14.00 - 14.50	Lecture 1: Local anesthetics and central blocks							
	Lecture 2: Local anesthetics and peripheral blocks							
	Lecture 3: Toxicity							
15.00 - 15.30	Lecture 4: Adjuvants	COFFEE BREAK in the Exhibition						
15.30 - 16.20	Symposia: Analgesia in labor (obstetric)	SYMPOSIA 10: CHANGING PRACTICE IN SPINAL CORD STIMULATION	Pro Con Debate 15: Regional Anesthesia prevents postoperative cognitive dysfunction (Central)	Problem Based Learning Discussion 11: How to manage peripheral and central blocks in the ward? (Central)	FREE PAPERS Chronic pain Mngament	HANDS ON CLINICAL WORKSHOPS 6 REAL-LIFE PATIENTS BLOCKS DEMONSTRATIONS	Live Demonstration Demonstration 11: Distal peripheral nerve blocks lower limb (peripheral)	HANDS ON CADAVER WORKSHOP 6
	Lecture 1: Fetal effects of analgesia: the good, the bad and the ugly							
	Lecture 2: Modern neuraxial labour analgesia	Lecture 2: SPINAL CORD STIMULATION OF THE DORSAL ROOT GANGLION. REAL INDICATIONS	Pro-Con 16: Cardiac valve stenosis remains an absolute contraindication to spinal anesthesia (Central)	Problem Based Learning Discussion 12: (Chronic)	FREE PAPERS paediatric		Live Demonstration Demonstration 12: The interscalene block and alternatives (peripheral)	
16.30 - 17.20	Lecture 3: Systemic analgesia	Lecture 3: EFFICACY OF HIGH FREQUENCY SPINAL CORD STIMULATION. WE REALLY DON'T NEED TO TEST FFFFT ON THE TARGET?						
	Lecture 4: Nitrous Oxide	Lecture 4: IMAGING AND SPINAL CORD STIMULATION MATCHING TARGET						

**Saturday, 16 September, 2017**

TIMING	HALL A	HALL C	HALL B1& B2	HALL B3	HALL E	Villa Ciani- Level 2	Hall G
8.30 - 9.20	Symposia: Education in regional anesthesia (general)  Lecture 1: Teach the teacher	Refresher Course 26: Analgesia and anesthesia for clavicular surgery. (General)	Pro Con Debate 16: Ropivacaine is the local anesthetic of choice for labour epidural analgesia (Obstetric)	Problem Based Learning Discussion 13: Doctor, I'm awake after my CSE and anesthetic from this morning, but I can't move my legs ! (central)	ASK THE EXPERT 8: Non pharmacological methods of sedation during regional anesthesia (general)	HANDS ON CLINICAL WORKSHOPS 7 (NEURAXIAL)	Live Demonstration Demonstration 13: Suprascapular and axillary nerve blocks (peripheral)
9.30 - 10.20	Lecture 2: Simulation and regional anesthesia  Lecture 3: Proficiency based training in Regional Anaesthesia / wearable recording device and procedural skill training Lecture 4: Assessment of proficiency in regional anaesthesia	Refresher Course 27: Interventional spine and pain procedures and anticoagulation (chronic pain)	Pro Con Debate 18: The adductor Canal block is the best block for postoperative analgesia after TKA (Peripheral)	Problem Based Learning Discussion 14: My patient has CRPS (Chronic)	FREE PAPERS : Case Reports		Live Demonstration Demonstration 14: Lower limb blocks (peripheral)
10.30 - 11.00	COFFEE BREAK in Hall A Foyer						
11.00 - 11.50	Symposia: Regional Anesthesia in Day Case Surgery (peripheral)  Lecture 1: Spinal Anesthesia in the Surgical Day Case Center: technique and drug selection  Lecture 2: Differences between day case surgery between the US and Europe	Refresher Course 28: Thoracic and Abdominal Wall Blocks: a critical appraisal (Peripheral)	Pro Con Debate 18: Peripheral nerve blocks should always be performed by an anesthetist (Peripheral)	Problem Based Learning Discussion 15: Blood pressure management during orthopedic surgery (Central)	ASK THE EXPERT 9: Regional Anesthesia and the Geriatric Patient (General)	HANDS ON CLINICAL WORKSHOPS 9 (CHRONIC PAIN US)	Live Demonstration 15: Gastric ultrasound (general)
12.00 - 12.50	Lecture 3: The economics of regional anesthesia in the day case center  Lecture 4: Short acting local anesthetics for peripheral ambulatory surgery	Refresher Course 29: How to manage myofascial pain syndromes? (Chronic)	Pro Con Debate 19 NeuroModulation for failed back surgery syndrome is the way forward!(Chronic)	Problem Based Learning Discussion 16: What can I do to avoid phrenic nerve injury when doing a brachial plexus block (peripheral)	PREPARE for Part II of the EDRA diploma: tips and tricks to succeed		Live Demonstration 16: Upper airway blocks (peripheral)